



*the*

*Spa*

A TEMPLE OF  
HEALTH AND BEAUTY

# PLEASE TAKE A MOMENT TO READ THIS

## **Etiquette**

To ensure that guests can enjoy the peaceful sanctuary of Spa, we respectfully request that all visitors keep noise at minimum. Cellular phones and electronic devices are discouraged.

## **Gift Certificates**

Gift Certificates for our Spa treatments are available. For more details, please contact our spa receptionist.

## **Reservations**

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment.

## **Check In**

Please check in at the spa reception at least 10 minutes prior to your scheduled appointment to avoid reduced treatments times.

## **Spa Treatment Hours**

The Spa opens from 8am to 8pm; last treatment finishes at 8pm.

### **Special Consideration**

Guests who have high blood pressure, heart conditions, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions.

### **Smoking and Alcohol**

Smoking and consumption of alcohol within the Spa is prohibited. We recommend that no heavy meals or alcohol be consumed at least 2 hours prior to your appointment.

### **Valuables**

A box for valuables is provided in the treatment rooms, but we recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### **Cancellation Policy**

A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with less than 4 hours notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show".

### **Payment**

We accept cash and credit cards (Visa & Mastercard). All prices are quoted in US Dollars and are subject to change without prior notice.







# HER

## HAIR SPA

Haircut  
Straightening  
Hairstyle  
Hair dye  
Highlights  
Shampoo & Conditioning  
with massage

## DEPILATORY WAXING

Eyebrows  
Upper Lip  
Bikini Line  
Brazilian  
Underarms  
Full Legs  
Half Legs

## WEDDINGS

Wedding hairstyle  
False lash  
application  
Makeup



A close-up, high-angle portrait of a woman's face. She has light-colored eyes and is looking upwards and to the right. Her right hand is raised, with her fingers gently touching her cheek and jawline. The lighting is soft and natural, highlighting her skin texture and features.

## **HANDS & FEET TREATMENTS**

Classic Manicure

Golden Manicure

Deluxe Spa Manicure

Classic Pedicure

Golden Pedicure

Deluxe Spa Pedicure

Tired Feet

(Mask & paraffin)

Nail Polish

French Nail Polish

## **ACRYLIC**

Acrylic Nails

Acrylic Fill

Remove Acrylic Nails

Acrylic Nail Repair

## **TATTOOS**

Henna





# HIM

## **BARBER'S**

Haircut

Buzz cut

Beard shave

## **HANDS & FEET TREATMENTS**

Classic Manicure

Golden Manicure

Deluxe Spa Manicure

Classic Pedicure

Golden Pedicure

Deluxe Spa Pedicure

Tired Feet

(Mask & paraffin)

## **DEPILATORY WAXING**

Back

Chest

## **TATTOOS**

Henna





# MASSAGES



## ★ **WAYAK'**

80 min

*(Created by our Spa)*

"Vision in a dream," experience a fusion of 4 massage techniques in a session of 80 minutes; relaxing, lomi lomi, hot stones and lymphatic drainage. Excellent choice for a deep state of relaxation, thanks to the thermo-therapy applied by herbal compresses and hot stones. It also helps to purify the soul, due to the benefits of myrrh and incense, we do it as the mayas used to in Pre-Hispanic times.

## **DEEP TISSUE**

50 min/80 min

Ideal for people suffering deep contractions, and for athletes, because it relieves or reduces pain and muscle tension. Thus promoting the relaxation of the body.

Deep slow pressure manipulations.

## **HARMONY RITUAL**

30 min

*(MASSAGE FOR TIRED FEET)*

Excellent option to start or supplement any Spa treatment. Enjoy a combination of mineral salt exfoliation with a relaxing massage in feet. This treatment will help relax the muscles of the neck and shoulders due to the thermo-therapy applied.

## **RELAXING**

50 min/80 min

The main benefits of this massage are, improving blood circulation, eliminating toxins, releasing endorphins and reducing stress.

Medium slow pressure manipulations.

## **BACK**

30 min

Reduce the stress accumulated in the back, neck and shoulders.



## **BALANCING STONES**

50 min/80 min

Increase the effects of massage with the benefits of the stones. These minerals help to restore the balance of the body by absorbing negative energy. The manipulations and the pleasant temperature of the stones provide oxygen and will help to achieve a higher level of relaxation.

## **REFLEXOLOGY**

50 min

Acupressure points in hands, feet and skull are applied to unblock energy channels of the body, and reduce stress. It helps improving the functions of organs and systems and regain the lost balance.

## **SHIATSU**

50 min

Eastern technique that restores the proper flow of body energy. According to Oriental medicine, physical and emotional illnesses are a result of the blockage of energy flow. Shiatsu is recommended to relax muscles, improve rheumatism, arthritis, digestive problems, asthma, insomnia.





## **AROMATHERAPY**

50 min/80 min

Aromatherapy is the perfect fusion of relaxing massage with the special benefits that nature provides us, through the extracts and essences derived from flowers, wood and spices. These, applied in specific areas, help to detoxify and align the body.

This therapy is also used to counteract problems such as stress, migraines and circulatory problems, among others.

## **SPORTIVE**

50 min/80 min

Sportive massage is designed to address those specific concerns in order to prepare the athlete for peak performance, while minimizing the risk of injury. It helps to alleviate stress and tensions that build up in the body's soft tissues during physical activity, whether a person is an athlete or a once-a-week jogger.

## **LYMPHATIC DRAINAGE**

80 min

This treatment accelerates the defense system by activating one of the most important systems in our body, the Lymphatic System, because of the functions carried out for cleaning (removal of toxins and fat). Light slow pressure manipulations.

## **SLIMMING**

30 min.

It helps break the fat nodules and reduce cellulite, thanks to the manipulations combined with a special product with lipolytic effect and draining. Ideal to sculpt your silhouette. For best results we recommend taking a minimum of 5 sessions.









# FACIALS

GERMAINE<sup>DE</sup> CAPUCCINI

# BASIC CARE

## **MOISTURIZER**

50 min

*(RECOVER WATER IN YOUR SKIN)*

Formulated with the HYDRA-SYSTEM concept, it helps our cells to produce and maintain their optimal level of hydration.

## **NOURISHING**

50 min

*(DRY SKIN)*

Fights & prevents the dryness, wrinkles and fine lines. It compensates the lack of lipids, common in mature skin.

## **PURIFYING**

50 min

*(OIL CONTROL)*

Its main components; Sepicontrol & Sophollance, will rebalance and correct sebum production, while impurities are being removed. Provides a matte appearance to the skin.

## **★ ROYAL JELLY AND VITAMIN C**

50 min

*(4 IN 1)*

- Moisturizes
- Purifies
- Balances
- Prevents aging

For a Radiant Skin.



# CORRECTION

## **TIMEXPERT LIFT**

80 min

***(INSTANT LIFT)***

Ideal for skin sagging, retrieves the volume of the face, prevents wrinkles, helps getting firm skin instantly.

## **TIMEXPERT RIDES**

80 min

***(FILL EXPRESSION LINES)***

Eliminates wrinkles and expression lines without resorting to cosmetic surgery. Regenerates skin, and fills wrinkles simulating the botox effect, to reduce expression lines of everyday gestures.



## **MEN**

50 min

***(SPECIAL CARE FOR MEN SKIN)***

For skin that suffers irritation due to daily shaving, dehydration and fatigue. Detoxifies, soothes and refreshes, restoring vital appearance in the face.

## **AFETRSUN**

50 min

***(SOOTHING – REGENERATING)***

Provides freshness, relaxation and relief to those sun-damaged skins. Soothes and reduces sensitivity of the skin, giving optimum hydration.



# BODY TREATMENTS



# EXFOLIATIONS



## ★ **MARINE**

30 min

Treatment that accelerates the process of elimination and cell regeneration. The skin is gently exfoliated with sea salts, to provide a smooth appearance. Exfoliation is recommended to get a nice and long lasting tan.

## **CHOCOLATE**

30 min

Delicious exfoliation with pure cocoa extract, with a triple action; moisturizer, antioxidant and anti cellulite. Perfect fusion of cosmetic and emotional pleasure.

# WRAPS

## **ALOE VERA & MINT**

80 min

*(Moisturizing)*

A natural experience, fresh wrap that maintains a healthy skin appearance. Favors the retention of water in the cells, leaving a pleasant sensation of softness, lightness and relaxation.

## **SEAWEED**

80 min

*(Reductive)*

A extraordinary gift from the sea. The seaweed wrap is excellent for remodeling, slimming and smoothing the skin. Relax in a warm atmosphere, while your skin is being detoxified and your silhouette refined.

## **AROMATIC MUD**

80 min

*(Remineralizing)*

Go back in time to a place where relaxation is vital for life. This magma is 100% natural and dates back to ancient civilizations where its therapeutic use was a daily ritual. Activates blood circulation, stimulates the lymphatic system (detoxification) and helps relieve pain from rheumatism and arthritis.





## **CHOCOLATE**

80 min

*(Nourishing)*

A delicious treatment with all the benefits of cocoa, endorphin stimulator "natural substances of happiness." Combined with caffeine extract activates lipolysis with an anti-cellulite action. Leaving the skin soft with a pleasant aroma of chocolate.

## **AFTERSUN**

50 min

*(Soothing)*

Provides freshness, relaxation and relief to those sun-damaged skins. Soothes and reduces sensitivity of the skin, giving optimum hydration.

## **★ VITAMIN C**

80 min

*(Anti aging)*

Anti age treatment ideal for all skin types, highly antioxidant. It stimulates collagen production and accelerates skin regeneration, improving hydration providing luminosity.

Recommended prior to sun exposure.







# HYDROTHERAPY



# CUSTOMIZE YOUR EXPERIENCE

## **EQUILIBRIUM**

Balance is synonymous with wellbeing, which gives us an incredible result of a bubbly and relaxing treatment of natural essences and plant extracts that provide balance and harmony.

## **SEA CRYSTALS**

The sea crystals are a concentrate of marine algae and remineralizing salts that restore moisture and softness of the skin.

## ★ **MILK**

Nutrition and hydration, are the result of this foamy treatment, which contains milk proteins and marine collagen, a perfect gift to pamper the skin.

## **GRAPE**

Rejuvenate your skin with the antioxidant properties of wine therapy. Getting your skin soft, smooth and bright.

## HYDROMASSAGE

30 min

Bath tubs are an effective treatment for many physical ailments, it combines the benefits of water-powered massage, with a cosmetic product to enhance the effectiveness.

They alleviate the effects of stress and regulate blood pressure. It is recommended for lower back pain.

Excellent option to start or supplement any Spa treatment.

## INVIGORATING HYDROTHERAPY TREATMENTS

15 min

### SWISS SHOWER

Their pressure water jets are ideal for combating circulatory problems and improve oxygenation of tissues. This treatment is complemented with a gel scrub.

### SCOTCH HOSE

Improves blood circulation and tonifies skin, alternating sprays of hot and cold water. This treatment is complemented with a gel scrub.





# EXPERIENCES



**Spa Experiences** were created aiming to reach the highest state of relaxation for you. We have created this experiences integrating natural elements that have plenty of health benefits.

*Let us disconnect you from the past and future ...*

*Enjoy the here and now.*

### **RELAXING**

120 min

*(Lavender, rosemary)*

Close your eyes and ease your mind, let this soft and slow massage with lavender scents leave you feeling relaxed.

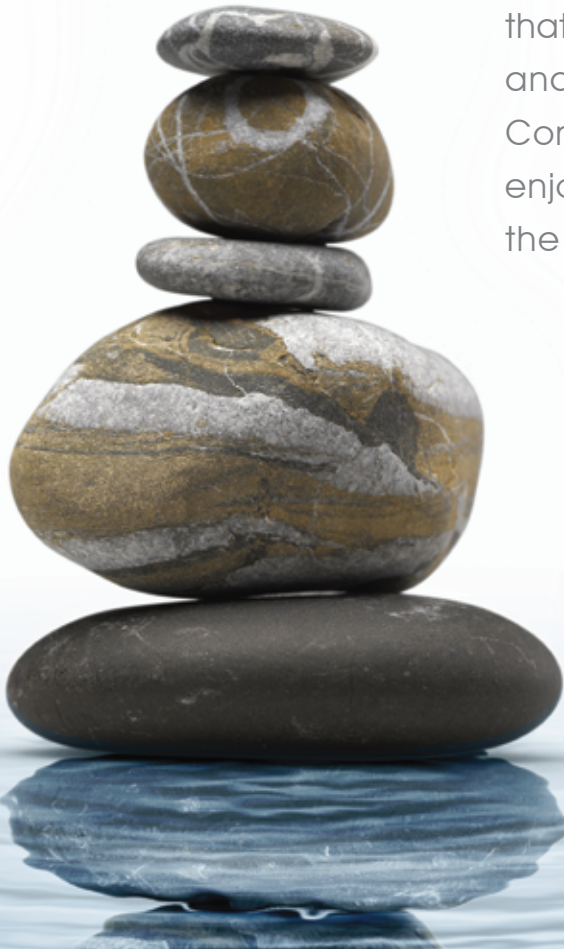
Continue with a lavender-rosemary exfoliation and body wrap that will give your skin a soft and fresh appearance. Complete this experience enjoying a cup of tea in the relaxing room.

### **MOISTURIZING**

120 min

*(Aloe Vera)*

A complete moisturizing and regenerating experience. Soak in a bath with moisturizing salts, while your therapist applies you a refreshing facial mask. Continue moisturizing your skin with an aloe vera body wrap, and relax with a scalp massage while we apply you a moisturizing hair serum. Complete this experience enjoying a refreshing chlorophyll drink in the relaxing room.





## **COUPLES**

120 min

***(Apple - cinnamon)***

The ideal experience for couples, we created a room with a magic ambience to live an unforgettable experience. Begin in a Swiss shower with apple & cinnamon exfoliating salts. Continue with a couples relaxing massage. Complete this experience enjoying an aphrodisiac tea with your loved one in a hot tub under the stars.

## **ENERGIZER**

120 min

***(Chocolate)***

Begin this experience with a chocolate hydromassage, continue with a relieving massage and enjoy the benefits of the Swiss shower while you renew your skin with chocolate exfoliating salts. Complete this experience enjoying an iced tea in the relaxing room.





# KIDS





## GIRLS

### HAIR SPA

Haircut  
Braids  
Full Head of Braids  
Half Head of Braids  
Hairstyle

### HANDS & FEET TREATMENTS

Magic manicure  
Magic Pedicure

### TATTOOS

Henna

# SPA FOR GIRLS (6 – 12 years)

## **PRINCESS MASSAGE**

30min/50 min

Make your holiday unforgettable enjoying your first spa experience with Mom. Early massage helps calm anxiety, helps the digestive system, reducing the discomfort of growth, helps sleep and boosts the immune system. Do not miss this experience!

## **MINI HOT STONES MASSAGE**

30 min

Ideal to relax on your vacation after so many hours of study, the hot stones will help relax your back and prepare your mind for better school performance.

## **SUNSCREEN FACIAL**

30min

Get ready to play in the sun with this facial that will give your skin the hydration and protection you need without having to suffer the unpleasant consequences of burns. Keep your skin beautiful since now.

## **SAND CASTLES FACIAL**

30 min

If you forgot to take the sunscreen facial, this treatment will help to soothe the pain of your burned skin after playing so many hours in the sun. If you also feel discomfort in your body, ask your therapist for the body treatment that will give relief.





# BOYS

## **BARBER'S**

Haircut

Buzz cut

## **TATTOOS**

Henna

# SPA FOR BOYS (6 – 12 years)

## RELAXING MASSAGE

30min/50 min

After so much fun, your body needs a break to continue enjoying your vacations. In addition, the massage helps to relieve anxiety, helps the digestive system, reducing the discomfort of growth, helps sleep and boosts the immune system.

## MINI HOT STONES MASSAGE

30 min

Ideal to relax on your vacation after so many hours of study, the hot stones will help relax your back and prepare your mind for better school performance.

## SAND CASTLES FACIAL

30 min

If you forgot to take the sunscreen facial, this treatment will help to soothe the pain of your burned skin after playing so many hours in the sun. If you also feel discomfort in your body, ask your therapist for the body treatment that will give relief.

## SUNSCREEN FACIAL

30 min

Get ready to play in the sun with this facial that will give your skin the hydration and protection you need without having to suffer the unpleasant consequences of burns.

